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TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Everyday favourites

Mid-week roast

Take-away day

SAMMY SWEETCORN SAYS...

'Enjoy your lunch'



OPHOU	Pork Sausages & Gravy	BBQ Chicken Pasta	Roast Chicken Stuffing & Gravy	Spaghetti Bolognaise	Selection of Fish
ormon 2	Cheese & Potato Pie v	Tomato Pasta Bake v	Veggie Sausage & Gravy v	Vegetable Goujons v with tomato ketchup	Mediterranean Quorn v
27005 180H2	Jacket Potato with Cheese & Baked Beans v	Chicken Tikka Wrap	Jacket Potato with Cheese & Baked Beans v	French Bread Pizza	
CARBS	Mashed Potatoes or Crusty Bread	Diced Potatoes	Roast & New Potatoes	Garlic Bread or Potato Wedges	Potato Crunchies or Pasta
PUDDING	Fruit Crumble Custard	Cookies	Iced Cake	Toffee Apple Slice	Fruity Friday A selection of chilled, frozen & fresh fruit desserts

Freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts















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OPHOU 1	Selection of Pizza	Hot Dog	Roast Beef Yorkshire Pudding & Gravy	Chicken Tikka Masala	Selection of Fish
ortion 2	Quorn Burger v	Pasta Neapolitan v	Meat (free) Balls Yorkshire Pudding & Gravy v	Vegetable & Bean Burger v with tomato ketchup	Quorn Nuggets v
COOKS CHORCE	Jacket Potato with Cheese & Baked Beans v	Chicken Flatbread	Jacket Potato with Cheese & Baked Beans v	BBQ Meatball Sub	
CARBS	Potato Wedges	Potato Crunchies or Crusty Bread	Roast & Mashed Potatoes	Rice or Potato Wedges	Chips
PUDDING	Cornflake Cake	Apple Puff Slice	lce-cream Tub	Muffins	Fruity Friday A selection of chilled, frozen & fresh fruit desserts

freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts















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(Mediterranean Chicken Noodles	Selection of Pizza	Roast Chicken Stuffing & Gravy	Beef Burger with tomato ketchup	Selection of Fish
(option 2	Meat (free) Balls in Sweet & Sour Sauce v	BBQ Veggie Hot Dog & Onions v	Roasted Quorn Fillet & Gravy v	Mac 'n' Cheese v	Nacho Bites v
		Jacket Potato with Cheese & Baked Beans v	Pasta Neapolitan v	Jacket Potato with Cheese & Baked Beans v	Chicken Wrap v	
	CARBS	Crusty Bread or Pasta	Diced Potatoes	Roast & Mashed Potatoes	Potato Wedges or rice	Chips
	PUBDBLIG	Waffle	Chocolate Tray Bake	Flapjack	Apple Puff Slice Custard	Fruity Friday A selection of chilled, frozen & fresh fruit desserts

freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts