

# MENU CYCLE WEEK ONE

AUTUMN TERM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Pepperoni Pizza	Minced Beef Pasta Bake	Roast Chicken & Stuffing	Hot Dog & Onions	Fish
VEGETARIAN	Cheese & Tomato Pizza	Tomato & Herb Pasta Bake	Quorn Filled Yorkshire Pudding	Vegetable Parcel	Quorn Nuggets
STARCHY FOOD	Oven Roasted Wedges	Pasta	Roast Potatoes	Herby Potatoes	Chips
VEGETABLE	Sweetcorn & Baked Beans	Carrots & Peas	Cauliflower & Broccoli	Sweetcorn & Green Beans	Peas or Baked Beans
DESSERT	Rice Krispy cake	Iced Sponge	Chef's Choice & Custard	Cupcake Selection	Ice Cream
CARBS	Jacket Potatoes with Cheese, Beans or Tuna				

Available Daily Yoghurt Pots, Freshly Made Fruit Pots, Sandwiches & Seasonal Salad Selection



### Food Allergies and Intolerance

If you require information on allergens or suffer from a food intolerance, please speak to a Team Member before you order your food and drinks.



# MENU CYCLE WEEK TWO

AUTUMN TERM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Baked Cajun Chicken	Pork Meatballs	Roast Beef & Yorkshire Pudding	Big Breakfast (Sausage, Egg)	Fish
VEGETARIAN	Vegetable Stir Fry	Vegetarian Pasta Bake	Veggie Toad in the Hole	Veggie Breakfast	Quorn Dog
STARCHY FOOD	Rice	Pasta	Mash Potatoes	Hash Brown	Chips
VEGETABLE	Peas & Sweetcorn	Carrots & Green Beans	Carrots & Broccoli	Tomato & Beans	Peas or Baked Beans
DESSERT	Donuts	Cheesecake	Chef's Choice & Custard	Cookie Selection	Vanilla Shortbread
CARBS	Jacket Potatoes with Cheese, Beans or Tuna				

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# MENU CYCLE WEEK THREE

AUTUMN TERM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Chicken Fajita	Sausages	Roast Gammon	Beef Burgers	Fish
VEGETARIAN	Cheese & Baked Bean Wrap	Vegetarian Sausage	Vegetarian Cottage Pie	Vegetable Burger	Cheese & Tomato Quiche
STARCHY FOOD	Herby Potatoes	Mash Potato	Roast & Mash Potatoes	Oven Roasted Wedges	Chips
VEGETABLE	Green Beans & Sweetcorn	Carrots & Broccoli	Savoy Cabbage & Cauliflower	Sweetcorn & Baked Beans	Peas or Baked Beans
DESSERT	Ice Cream	Cookies	Chef's Choice & Custard	Jam Sponge	Strawberry Mousse
CARBS	Jacket Potatoes with Cheese, Beans or Tuna				

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