

**Crowmoor Primary School**  
**Curriculum Drivers**  
**Subject: Physical Education**



<b>Aspiration</b>	At Crowmoor, children are encouraged explore their personal aspirations and sporting potential through developing a variety of skills in different activities. Children will learn about themselves and what they enjoy doing. All pupils are taught to try their best, whatever their physical ability.
<b>Healthy Lifestyle</b>	Being healthy physically and mentally are very important and through physical education the children learn how exercise impacts these. Children will learn how PE can help them express themselves, relax, give a release and relieve stress; as well as teaching them new skills.
<b>Communication</b>	Children learn how to communicate with others whilst developing and testing skills; this helps to develop and understand the importance of teamwork. They are encouraged to evaluate performances and share this in a safe and productive environment. Learning subject specific vocabulary allows children to talk about their knowledge and understanding across the breadth of PE.
<b>Knowledge of the World</b>	Through taking part in a range of sports and activities children will gain an understanding and an appreciation for the athletes they see and hear about in the media. Children will build an understanding of how the popularity of a certain sports changes in different regions, countries and continents.
<b>Community</b>	Children will have the opportunity to test their skills against other schools in the local area, building sportsmanship and an appreciation for others. Families are invited to sports days so everyone can celebrate in the effort and the enjoyment of the children taking part in sport.