

Week 3 Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Cowboy Hotpot Served with Mashed Potatoes	Pasta with Chicken with a Cheese Sauce Topping served with a Warm Baguette	Roast Chicken or Gammon with Gravy and Roast Potatoes	Cheese, Tomato and Ham Pizza with Roasted Potato Wedges	Fish Fingers with Tomato Ketchup or Battered Cod Fillet & Chips
VEGETARIAN	Quorn Cowboy Pie Served with Mashed Potato	Macaroni Cheese with a Warm Baguette	Roast Quorn Fillet with Roast Potatoes	Tomato and Pizza Cheese Pinwheel with Roasted Potato Wedges	Cheese & Baked Bean Puff Pie Served with Chips
SEASONAL VEGETABLES	Peas Carrots	Mixed Garden Salad Sweetcorn	Green Beans Carrots	Sweetcorn Broccoli	Garden Peas Baked Beans
JACKET POTATO PASTA DISH	Jacket Potato with a choice of fillings Tuna Mayonnaise Cheddar Cheese Baked Beans	Pasta with Tomato and Basil Sauce	Jacket Potato with a choice of fillings Tuna Mayonnaise Cheddar Cheese Baked Beans	Pasta with Tomato and Basil Sauce	Jacket Potato with a choice of fillings Tuna Mayonnaise Cheddar Cheese Baked Beans
DESSERTS	Strawberry Ice Cream and Fresh Orange Slices	Lemon Sponge with Custard	Flapjack	Chocolate Brownie with Apple Slices	Fruity Friday

AVAILABLE DAILY: Freshly Baked Wholemeal Bread, Seasonal Salad, Fresh Fruit, Fruit Yoghurt, Fruit Jelly and Water.