

**New York Bakery® Bagels  
(Fresher for Longer)**



<b>Ingredients</b>	<b>Wheat</b> Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Spirit Vinegar, Yeast, Maize, Salt, Rapeseed Oil, Preservative (Calcium Propionate), Malted <b>Barley</b> Flour, Cultured Dextrose, Flour Treatment Agent (Ascorbic Acid).		
<b>Allergens</b>	<b>Wheat flour (gluten), Malted Barley Flour (gluten)</b>		
<b>Advisory Note</b>	May also contain traces of <b>sesame</b> . Contains yeast.		
<b>Good to know</b>	Suitable for Vegetarians. Free from artificial colours and flavours. Made on a nut-free site.		
Nutritional Information			
Typical values	Per 100g	Per 85g bagel (1 serving)	% of Reference Intake (RI) per serving
Energy	1121 kJ	953 kJ	11%
	264 Kcal	224 Kcal	11%
Fat of which saturates	1.4g	1.2g	2%
	0.3g	0.2g	1%
Carbohydrates of which sugars	51.6g	43.8g	-
	5.7g	4.9g	5%
Fibre	2.6g	2.2g	-
Protein	10.0g	8.5g	-
Salt	0.8g	0.7g	12%

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