



# Crowmoor School Lunch Menu 2021/22

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	Fish Cakes- Red Vegetable Fingers (V)- Blue Jacket potato wedges Pasta Baked beans Peas Iced orange sponge with custard Fresh fruit salad Yoghurt	Homemade beef bolognese with pasta- Red Jacket potato with cheese and baked beans (V)- Blue Farmhouse mixed vegetables Strawberry mousse Fresh fruit salad Yoghurt	Roast chicken and gravy- Red Cheese and tomato quiche-Blue Roast potatoes Mashed potato Carrots Cauliflower Choc ice cream Fresh Fruit Salad Yoghurt	Sausages with Yorkshire pudding and gravy-Red Quorn sausages with Yorkshire pudding (V)- Blue Potato croquettes Carrots Broccoli Homemade assorted cookies Fresh fruit salad Yoghurt	Homemade chicken korma with rice and naan bread- Red Assorted pizza (V)-Blue Chips Sweetcorn Peas Chocolate Krispy cake Fresh fruit salad Yoghurt
WEEK 2	Chicken goujons with homemade tomato sauce-Red Quorn nuggets with homemade tomato sauce (V)- Blue Jacket potato wedges Pasta Baked beans Mixed vegetables Chocolate & peach muffin Fresh Fruit Salad Yoghurt	Cottage pie with gravy- Red Cheesy pasta (V) -Blue Sweetcorn Peas Shortbread Fresh fruit salad Yoghurt	Roast pork with gravy- Red Quorn fillet with gravy (V)- Blue Roast potatoes Mashed potatoes Carrots Broccoli Fruit jelly with cream Fresh fruit salad Yoghurt	Fish fingers (V)- Red Cheese and potato pie (V)- Blue Herby diced potatoes Peas and carrots Baked beans Fruit cheesecake Fresh fruit salad Yoghurt	Tuna salad wrap- Red Assorted pizza (V)- Blue Chips Sweetcorn Green beans Raspberry ripple ice cream mousse Fresh fruit salad Yoghurt

\*Children can choose a red or a blue option along with a pudding of their choice.

\* Salad and bread are available on a daily basis.

\* Milk and water are available on a daily basis.