

Monday

All Day Breakfast Farm Assured Back Bacon, Pork Sausage

Vegetarian Sausage, Free Range Scrambled Egg V

Plum Tomatoes, Mushrooms, Baked Beans, Mini Potato Waffles, Homemade Bread Selection. **Seasonal Salad Selection**

Fruit Muffins

Tuesday

Chicken Curry Farm Assured Chicken Breast cooked in a Curry Sauce

Vegetable & Quorn Curry Diced Quorn and Vegetables in a mild Curry Sauce V

Garden Peas, Carrots, Rice, Naan Bread. Homemade Bread Selection. Seasonal Salad Selection

Let's Dine Fresh from the Farm Ice Cream

Wednesday

Roast Beef and Yorkshire Pudding Farm Assured Sliced Roast, Beef served with Yorkshire Pudding and Roast Gravy

Handmade Cheese and Potato Slice Cheese and Potato Encased in a Golden Pastry Crust V

Seasonal Cabbage, Carrots, Roast Parsnips, Roast Potato, Creamed Potato



Thursday

Homemade Sausage Rolls Seasoned Sausage Meat Encased in a Light Puff Pastry & Gravy

Vegetable Enchilada Minced Quorn Chilli Wrapped in a Floured Tortilla and Topped with a Rustic Tomato Sauce and Cheese V

Mixed Seasonal Vegetables, Savoury Diced Potatoes, Homemade Bread Selection, Seasonal Salad Selection

Baked Cookie Selection

Friday

Battered Fillet of Fish White Fillet Coated in a Light Batter

Sweetcorn, Baked Beans, Chipped Potatoes, Homemade Bread Selection, Seasonal Salad Selection

Iced Sponge Cake or Jelly and Cream

FUN FOOD FACTS

Aubergines, known as Eggplant in

family as tomatoes and potatoes.

the United States, belong to the same

Cheese & Tomato Pizza V

Wednesday

Farm Assured Roast Chicken with Seasoning & Rich Roast Gravy

Vegetable Parcel Diced Quorn & Roast Vegetables Encased in Filo Pastry V

Seasonal Cabbage, Carrots, Roast Parsnips, Roast Potato, New Potatoes, Creamed Potato, Bread Selection

Strawberry Mousse

Thursday Monday

Sausage With Yorkshire Pudding & Pizza Bar Selection of Topped Gravy or Sausage Casserole Pizzas With A Deep Crust Base

Quorn Sausage V

Carrots, Cauliflower & Broccoli, Creamed Potato. Homemade Bread Selection, Seasonal Salad Selection

Lemon Iced Sponge

Tuesday

Red Tractor Farm Assured Beef Bolognaise Fresh Minced Beef cooked in a Rich Tomato Sauce or Beef Lasagne

Mac & Cheese Macaroni baked in a Cheese Sauce V

Garden Peas, Sweetcorn, Pasta Twists or Jacket Potato, Homemade Bread Selection, Garlic Bread, Seasonal Salad Selection

Jam Tart and Cream

Baked Jacket Skins Potato.

Mushrooms & Spring Onion Filled

Big Seasonal Salad Selection,

Baked Beans, Garden Peas,

Homemade Bread Selection,

Chocolate Sponge & Custard

Baked Potato Wedges,

Seasonal Salad Selection

Potato Skins Topped with Cheese V

FUN FOOD FACTS

In the middle ages black pepper was a luxury and was so expensive it was sometimes used to pay rent and taxes!

Friday

Fish Finger Fillet of Fish Coated in a Crispy Breadcrumb or Whitby Battered Fillet of Fish White Fillet coated in a light Batter Curry Sauce or Gravy

Crispy Quorn Dunkers Quorn pieces Coated in a Light Batter and Baked V

Sweetcorn, Baked Beans, Mushy Peas, Chips, Couscous, Homemade Bread Selection, Seasonal Salad Selection

Cake Selection

Monday

WEELS?

Beef Burgers Lean Minced Beef Pattie Served with a Soft White Bread Roll

Vegetable Burger Linda McCartney Burger Served in a Soft White Bread Roll V

Baked Beans, Sweetcorn, Smiley Baked Potatoes, Homemade Bread Selection, Seasonal Salad Selection, Coleslaw/Cheese Slices

Flapjack

Tuesday

Chicken Curry Farm Assured Chicken Breast cooked in a Curry

Vegetable & Quorn Curry Diced Quorn and Vegetables in a Mild Curry Sauce V

Garden Peas, Carrots, Rice, Naan Bread, Homemade Bread Selection, Seasonal Salad Selection

Peach Crumble with Custard

Wednesday

Farm Assured Roast Pork with Apple Sauce & Rich Roast Gravy

Cheese and Sweet Potato Pie Topped with Peppers, Creamed Sweet and Creamed Potato Pie with Baked Sweet Peppers V

Seasonal Cabbage, Carrots, Roast Parsnips, Roast Potato, Baby Potato, Homemade Bread Selection

> They're easy to grow and don't require large amounts of fertiliser to

grow like many other vegetables do.

Shortbread Biscuit

Thursday

Homemade Chicken Dunkers Farm Assured Chicken coated in a Natural Breadcrumb served with BBQ Sauce

Crispy Quorn Dunkers Quorn Pieces Coated in a Light Batter and Baked V

Country Mixed Vegetables, Garden Peas, Jacket Potato or Rice, Homemade Bread Selection, Selection of Seasonal

Strawberry or Chocolate Mousse Mousse

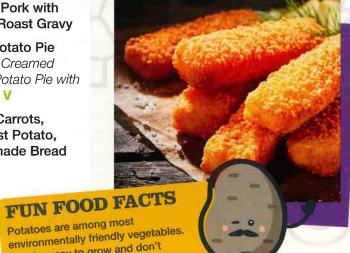
Chip Shop Friday

Fish Finger Fillet of Fish Coated in a Crispy Breadcrumb or Battered Fillet of Fish White Fillet Coated in a Light Batter or Hot Dog

Vegetable and Bean Bake Roasted Vegetables with a Trio of Beans in a Tomato Sauce Topped with a Savoury Crumb V

Sweetcorn, Baked Beans, Chipped Potatoes, Couscous, Homemade Bread Selection, Seasonal Salad Selection

Sticky Chocolate Cake



Crowmoor

Fresh Fruit available daily. Cheese & Crackers available Monday, Wednesday & Friday. Individual Yoghurts available Tuesday & Thursday. All items subject to availability.