



Relationship and Sex Education Policy

Rights of the child..

Article 1: Everyone under the age of 18 has all the right in the convention

Article 2: All children have these rights, no matter who they are, where they live, what their parents do, what language they speak, what their religion is, whether they are a boy or girl, what their culture is, whether they have a disability, whether they are rich or poor. No child should be treated unfairly on any basis.

Article 5: Your family has the responsibility to help you learn to exercise your rights, and to ensure that your rights are protected.

Article 12: You have the right to give your opinion, and for adults to listen and take it seriously.

Article 16: You have the right to privacy

Article 19: You have the right to be protected from being hurt and mistreated, in body or mind.

Article 24 You have the right to the best health care possible, safe water to drink, nutritious food, a clean and safe environment, and information to help you stay well.

Article 28: A good quality education. Should be encouraged to go to school to the highest level they can.

'Effective sex and relationship education is essential if young people are to make responsible and well informed decisions about their lives.

The objective of sex and relationship education is to help and support young people through their physical, emotional and moral development. A successful programme, firmly embedded in PSHE, will help young people learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood.' [DfE 0116/2000]

"A comprehensive programme of RSE provides accurate information about the body, reproduction, sex and sexual health. It gives children and young people essential skills for building positive, enjoyable, respectful and non-exploitative relationships and staying safe both on and offline."

RSE for 21 St Century 2014 Supplementary Guidance to DfEE guidance

Our Philosophy

Our School is committed to the implementation of the United Nations Convention on the Rights of the Child. We strive to be a Right's Respecting School in all that we do.

We believe that all members of the school community have rights and responsibilities. Everyone at school is important and is to be valued. We expect each individual to respect other individuals, their families, their culture and beliefs. We aim to be courteous and fair in our dealings with each other and the children.

This policy, as with all other policies, takes into account the school's SEN Policy in its implementation.

What is relationship and sex education?

Relationship and sex education is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of stable and loving relationships, family life, respect, love and care. It is also about the teaching of sex, sexuality and sexual health.

Relationship and sex education is an integral part of our Personal Social and Health Education programme, an area which is considered important throughout our school to give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active and responsible citizens.

The Relationships Education, RSE, and Health Education (England) Regulations 2019 have made Relationships Education compulsory in all primary schools. Sex education is not compulsory in primary schools and parents have the right to withdraw their children from all or part of any sex education within RSE only but not from the biological aspects of human growth and reproduction provided under the National Curriculum Science.

We believe that relationship and sex education is an ongoing process, which should start in the home and continue at school. This process should happen in partnership with parents.

The school's programme of relationship and sex education will be embedded within the school's PSHE curriculum and will help children to respect themselves and others. The programme is tailored to the age and the physical and emotional maturity of the children and is delivered by the school staff and invited professionals.

Aims

- To provide a secure, sensitive and caring framework where learning and discussion can take place
- To provide information which is easy to understand, relevant and appropriate for the needs, age and maturity of the pupils.
- Encourage the use of correct vocabulary.
- To foster self worth and awareness, together with a sense of moral responsibility.
- To help the children to acquire and practise important life skills such as critical thinking, decision making, communication and assertiveness.
- To ensure that sex education is available to all children regardless of gender, ability, cultural or religious background in line with the school's policy on equal opportunities.

Provision

Key Stage 1

- That animals including humans, move, feed, grow, use their senses and reproduce
- To recognise and compare the main external parts of the bodies of humans
- That humans and animals can produce offspring and these grow into adults.
- To recognise the similarities between themselves and others and treat others with sensitivity

Key Stage 2

- That the life processes common to humans and other animals include nutrition, growth and reproduction
- The main stages of the human life cycle. Through each year's PSHE programme
- As with other PSHE units Sex Education will develop in response to key questions.
- Sex education at the school will be developmental and age appropriate
- Pupils will be taught about the nature of the human body and how it grows and changes
- Sex education will be taught within the context of relationships and family life.

Pupils will be taught about what a relationship is, what friendship is, what family means and who the people are who can support them. From the beginning of primary school, pupils are taught how to take turns, how to treat each other with kindness, consideration and respect, the importance of honesty and truthfulness, permission seeking and giving, and the concept of personal privacy. Establishing personal space and boundaries, showing respect and understanding the differences between appropriate and inappropriate or unsafe physical, and other, contact.

We deliver the award winning, quality assured, cross phase Shropshire Respect Yourself Eat Better, Move More, RSE curriculum year 1-5 and the RSE Transition programme year 6&7. Key updates are provided as required. These, in conjunction with E safety lessons and our updated lessons/resources on sexting and consent fulfills the curriculum requirements for RSE.

Resources and expertise from appropriate outside agencies may be utilised alongside teaching staff within the framework of this policy.

Discussion will be encouraged at all times. Ground rules for discussion excluding personal questioning of staff or pupils will be established.

We shall attempt to deal with questions in a sensitive, open, frank and matter of fact way.

Questions concerning homosexuality, sexually transmitted diseases and contraception will be answered if raised.

Difficult or explicit questions do not have to be answered directly.

Teachers will use their own discretion in these situations.

Most groups will be mixed gender but if felt more appropriate, single sex may be formed.

Staff Support and Development

It is appreciated that some staff may feel less comfortable with this area of the curriculum. All staff will be supported with appropriate training and support and if preferred, alternative staff or visiting professionals may be asked to deliver the curriculum.

Governing Body

The Curriculum Committee is responsible for monitoring PSHE which includes SRE and will monitor together with the subject co-ordinator.

Reviewed: June 2020

Rachel Fairclough